CUMIS Retirement ServicesYour Personal Online Account



View My Plan



Manage My Assets



Manage My Personal Information



Manage My Sign In Profile



Forms and Documents



Learn More



Education Centre

Your Personal Online Account

Your CUMIS retirement and savings plan gives you access to your account information. Through your personal account, you can:

- Review plan and investment information
- Change your investment election for new contributions
- Transfer your existing assets to available investment options
- View your account balance and contribution details
- · Access your personal rates of return and unit values
- Perform common transactions such as address, email, security questions and password changes
- · View the most recent quarterly Fund Fact Sheets

How do I access my online account?

- I. Go to www.cumis.com
- 2. Hold your cursor over the Sign In ▼ button and then click on the "Retirement Services" drop-down option.
- 3. On the Sign In page click 'First Time Login' which will take you to our Registration page.
- 4. On the Registration Page, enter your Company Number (3105) and complete the required information including entering and confirming a User ID and Password of your choice, then click on "Register" at the bottom of the page.
- 5. Click 'Proceed to Login' to go to return to the Sign In page and enter your information to login.
- 6. As this will be your first time accessing the system, you will be prompted to agree to the Terms of Use.

Navigating Your Personal Account Information

Under your secure online account, you have access to a range of self-service options. The table below provides an overview of the most commonly visited sections:

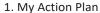
View My Plan	Provides the up-to-date value of your plan and the amounts you have in each fund, your transaction history, and quarterly statements and RRSP tax receipts.
Manage My Assets	Shows your current investment fund selection of all available contribution sources and types, and the percentage for each fund of your total investment mix for the specific plan chosen from the plan summary page. Allows you to change instructions for future contributions and transfer existing money between funds.
Manage My Personal Information	Enables you to view or update your personal information.
Manage My Sign In Profile	Allows you to update your password or your security information.
Forms and Documents	Connects you to a range of helpful resources, including your plan booklet and fund fact sheets
Learn More	Provides a calculator to help you estimate your retirement and savings goals.
Education Centre	Contains introductory and advanced topics that will assist you in building and monitoring your retirement savings plan.

Secure and Confidential

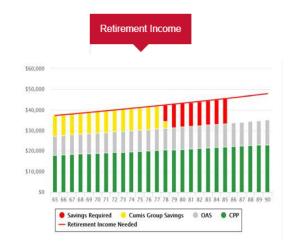
Your Personal Account Information protects the integrity of your personal data and online transactions. For more information visit www.cumis.com and click on the Privacy Policy link at the bottom of the page.

Interactive Retirement Calculator

In the "Learn More" section, the interactive retirement calculator provides the benefit of linking directly to your group retirement and savings account, using your current account data. It is a great tool to assist you in determining if you are saving enough for your retirement. To project your Retirement Balance and display your Retirement Readiness Score, the calculator explores five significant categories:



- 2. My Earnings
- 3. My Savings
- 4. My Income
- 5. My Expenses





Contact us for questions on your secure personal online account

Toll Free Phone #: 1.855.889.5096 between 8 to 8 EST during business days

Email: groupwealthadmin@cumis.com

CUMIS Life Insurance Company Attention: Retirement Services P.O. Box 5065, 151 North Service Rd. Burlington ON L7R 4C2 www.cumis.com

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